http://GoatMilkStuff.com
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Goat Milk To the Rescue

“Got it for my wife and it helped out with her cracked hands (they were to a point where she was bleeding). Now she has never had more perfect skin. Thank you, GMS.” - Joel

Sensitive Skin?

“Whether your skin is healthy or not, it will certainly benefit from using a handmade soap.”

On the other hand, if you are dealing with skin problems such as eczema, psoriasis, rosacea, acne, flaking, peeling, itching, or something else, our answer is, “It depends.”

Every person’s skin is different and may react differently to the different soaps, so you need to try some soaps to see which soap YOUR skin likes best.

There are four of our soaps that produce the best results with problem skin. While we don’t guarantee that these will solve your skin problems, they have done just that for many, many other people.

We usually recommend that you begin with the Purity soap. It is the best value and helps the most people. The other soaps that you should test are the Organic Castile, Calendula, and Tea Tree.

We do offer half bars of these four soaps in a Problem Skin Pack. It makes a great gift for someone you know has skin issues.

We do not add any scent to the purity, calendula, or organic castile soaps, but they do still smell like soap. Likewise, the unscented lip balm, and a laundry soap trial. The Sensitive Skin Pack makes a great gift for someone you know has skin issues.

“As I couldn’t tolerate and this soap is amazing. It’s good for mom too!” - Mary

Experience with Goat Milk Soap

We recommend that you first use the bar soap and then test the liquid soap to see if your skin responds well to it.

In 2006 I started making natural goat milk soap for our family because I didn’t want to put chemicals on our skin.

When I put it in the shower for Jim to use, within days his fingers stopped cracking and splitting. Jim had suffered with dry skin for years and we were amazed that something as simple as using our goat milk soap could so quickly make such a difference.

If you are still washing your skin with soap made with water, it’s time for a change. Switching to soap made with goat milk can truly benefit your skin’s health.

Goat milk soap is wonderful for people with dry or sensitive skin, or conditions such as eczema and psoriasis. It is also perfect for healthy skin that wants to stay that way. Unprocessed goat milk fresh from the farm contains many benefits.

Goat milk contains alpha - hydroxy acids such as lactic acid which help remove dead skin cells from your skin’s surface. This leaves new cells on the surface of your skin that are smoother and younger looking.

Goat milk contains many vitamins, but is particularly high in Vitamin A, which is necessary to repair damaged skin tissue, and maintain healthy skin.

There have been several medical studies showing that creams made with Vitamin A reduce lines and wrinkles, control acne, and provide some psoriasis relief. Water-based soaps can be artificially fortified with vitamins, but most aren’t.

Fat molecules are an important part of making good soap. The cream that is present in goat milk helps boost the moisturizing quality of goat milk soaps. Since many people suffer from dry skin, particularly in the winter months, this is an important quality for soap. Goat milk soap should not dry your skin out like many other soaps. This is important because keeping skin naturally moisturized helps keep skin healthy.

Goat milk also contains important minerals for the skin such as selenium. Selenium is believed by scientists to have an important role in preventing skin cancer. Selenium can also help prevent damage to the skin from excessive time in the sun. Although the water used in other soaps may contain minerals such as calcium, sodium, or iron (commonly found in tap water), that’s not much help when it comes to your skin.

Whether your skin is healthy or not, it will certainly benefit from using a handmade soap, made not with water, but with unprocessed goat milk fresh from the farm.

Now that you know why goat milk soap is better for your skin, the question becomes, “Which soap should I use?” If you do not have any allergies or skin issues, our answer is, “Any of them.” All of the soaps have the same amount of goat milk, so they provide the same amount of moisturizing and benefit. You can choose a scent (or unscented) that appeals to you.

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Goat Milk Soaps

You don’t need to have problem skin to fall in love with our goat milk soaps.

Not only will our goat milk soaps benefit your skin, but they smell great as well. To scent our soaps we use either essential oils or fragrance oils. Essential oils are purely plant derived. Fragrance oils often use essential oils but they also have a synthetic component. We only use fragrance oils that are both paraben and phthalate free.

Popular essential oil soaps:
- Almond
- Ginger Lime
- Hunter
- Lavender
- Lemongrass
- Patchouli
- Peppermint
- Rosemary Mint

Popular fragrance oil soaps:
- Baby Powder
- Black Raspberry
- Clean Cotton
- Cool Citrus Basil
- Fiji Island
- Honeysuckle
- Luv Spell
- Nautical
- Oatmeal, Milk & Honey
- OMH Scrub
- Pink Sugary
- Pomegranate Lemonade

“I am sold. I love this soap. just a couple of days. I won’t ever again.” - Donna

I could tell a huge difference in be using “store bought” soaps

For Pets

Made to lather well, our pet bar is easy to use on your dog’s coat. It will get their hair clean, but is a lot easier to rinse off than most other pet shampoos. It is scented with essential oils that are designed to help repel irritating bugs. Plus, the goat milk helps to make it gentle and non-irritating on their skin. We also make an unscented version for cats, and for dogs with sensitivities to essential oils.

Solid Shampoo

We do not add any harsh chemicals such as SLS to our solid shampoo bar for the sake of your health and your hair. Our shampoo differs from our regular soaps in two ways. First, we infuse the beneficial properties of nettle and rosemary into olive oil for the shampoo bar. Rosemary is often considered a stimulating herb that promotes healthy hair growth. Nettle is nutrient and mineral rich and believed to strengthen hair and prevent hair loss. Second, the shampoo bar has extra oils (jojoba and castor) and butters (shea and cocoa) to help nourish and condition the hair, while still leaving it clean. We recommend that if you have shorter hair, you start with a few swipes of the soap across your hair. Then lather and spread through your hair. For longer hair, produce a lather in your hands and then rub onto your scalp and spread it through your hair.

Liquid Soap

A healthier alternative for your skin.

Have you ever wondered what causes all the foam in commercial liquid soaps? It’s a chemical called sodium lauryl sulfate (SLS) or a similar chemical called sodium laureth sulfate (SLES). These two chemicals are used in a huge range of bath and body care products such as shampoo, shaving cream, bubble bath, body wash, toothpaste, and many other products for your skin.

Both ingredients have been known to cause irritation for a lot of people, but those with sensitive skin and conditions such as eczema and psoriasis often find the irritation to be more severe.

Part of the reason they are so irritating is because they are very strong cleaners and degreasers. They are such good cleaners that they are used in higher concentrations in commercial applications such as carpet cleaners, engine degreasers, and garage floor cleaners.

There is a lot of controversy over the two ingredients right now, mostly because not enough studies have been done at the concentration levels that are used in bath & body care products.

At Goat Milk Stuff, we do not use chemicals and ingredients whose safety we doubt. To us, the safety of SLS and SLES is unclear and we do not use either chemical in any Goat Milk Stuff products.

Instead, our liquid soap uses natural ingredients such as olive oil and castor oil. Because we do not use chemical foaming agents, we recommend that you use a foamer bottle to dispense our liquid soap.

“We love how soft the liquid soap leaves our skin and hope that you do too!”

My dry skin is now smooth and supple. No more dry skin with this stuff. Your soaps really clean the skin too.” - Peter
The Jonas Family

“We seek to honor Jesus in all that we do and that plays a big role in our family and our business. Our children are homeschooled and taught “everything is a God issue” and that includes making and selling soap. We believe these values come through in the goodness of our products and the excellence of our customer service and we hope you will agree.” - PJ Jonas

Our adventures into soap making originated in 2006 out of my desire to not use chemicals on the children’s skin. I wanted a natural soap that would moisturize their skin and last a long time. After making my first batch of soap, I put a bar into the shower. Jim’s fingers soon stopped cracking and splitting. Since this was a problem he had suffered with for years, I knew I had something special.

Because I enjoyed making soap and was so impressed with its quality, I turned it into a family business. In 2008, Goat Milk Stuff was born, and I drafted the entire family into my adventures. Knowing that we are providing people with a product that is healthy for their skin and may relieve many of their skin issues keeps us enthusiastic about what we do.

We all agree that getting to work together as a family, despite occasional squabbles, is the best part of Goat Milk Stuff, and we do work hard. From the initial milking of the goats to the final bagging of the soap, each member of our family participates in producing our handmade goat milk soaps.

Goat Milk Stuff allows us to not only work together, but is a great vehicle to teach our children what we feel is important. We have a very simple philosophy when it comes to parenting and educating our children.

It can be summed up as follows:

• Everything is a God issue and a learning opportunity (including making and selling goat milk soap).
• Hard work builds character which is an essential ingredient to a successful life.
• Each one of our children is a unique individual with unique strengths and weaknesses and is raised as an individual.
• The family unit is a team and we all are sometimes called to sacrifice for the team.

The oldest of eight kids, Brett has great leadership skills, which help her with her role in the business, and can cause her siblings to call her “bossy.” She enjoys working with customers and being the shipping manager at Goat Milk Stuff, sending packages around the world daily. When she’s not working, you can find her singing, reading, writing, or hanging out on Twitter as @booksquirt.

The oldest Jonas brother, Colter, can either be found making soap or spending time with the goats under his care. Colter has been milking our goats since 2006, and could probably break any speed milking record out there. He enjoys reading, trying to decide what will happen in the next book or movie he’s excited about, and running.

Emery could spend all day reading and not even notice that time had gone by. When he’s in between books, or when we tell him to put them down, he can be found in the barn as the Barn Manager, in the garden with his flowers, or in the chicken pen with his chicks.

As the self-proclaimed “dog boy,” Fletcher would spend his whole day with our two Great Pyrenees livestock guardian dogs. When he gets tired of wrestling with them and getting covered in mud, he likes to hide underneath his bed with a book, especially if it has good action scenes. He enjoys giving people “squishy hugs,” running, and playing soccer, baseball, and basketball with anyone who will join him.

Greyden is our quiet, dependable, lovable, squeezeable, kissable, “Grey-Bear.” He is the most stable, easy-going of all the Jonases. He works a lot of his time in the barn spoiling the goats. It is his job to raise the babies, and he is amazing with them.

The youngest of our five boys, Hewitt has no limit to his energy. Our “tactile-boy” loves holding hands, petting the farm animals, exploring the woods, and running with the cross country team.

Indigo is our little princess. She’s a working princess though - she spends a lot of time in the retail room at Goat Milk Stuff, helping customers find what they want as they fall in love with her. If we can’t find her, she’s probably using the retail room as a hiding spot, tucked behind the counter with the latest book she’s devouring.

Jade is the queen of odd jobs. She’ll do anything: make boxes, bag soap, help in the retail room, pull orders - you name it, she’s got it. She has a wicked sense of humor, causing us to start laughing at any given moment. She likes running around with her brothers, riding her bicycle, and jumping around corners to scare people.

If you’re really observant, you’ll notice that the children’s names are in alphabetical order. There is no “K” Jonas child because we hadn’t initially planned the alphabet thing. Drew is our D-baby girl in Heaven.

The children all work hard at Goat Milk Stuff. They generally have a set amount of GMS work and school work to do each day. Once that is finished, they are free to play and enjoy their latest interests. They are all hard-working, well-balanced, loving children and we’re very proud of each of them.

We put a lot of hard work and love into making our goat milk soap. We’d love to share our soaps and stuff with you and hope that you enjoy them as much as we do!
Which Came First
The soap or the goats?

The goats actually came first in 2005 because we wanted healthy, raw milk for our growing family. The soap didn’t come until after Indigo was born in early 2006.

We quickly fell in love with our Alpine goats; after all, there is nothing cuter and more playful than a baby goat.

We use our goat milk for everything - drinking, cooking, cheesemaking, fudge and caramel everything - drinking, cooking, cheesemaking, fudge and caramel... Everything we use our goat milk for is because it's healthy and delicious.

We care for the goats by ourselves. Colter, Emery, and Hewitt handle all of the goat chores. They each have a name and they answer when they are called.

Our goats are a huge part of our lives and our family. Every goat has a name and they answer when they are called. They each have a personality, and you can definitely tell which goats the children have spoiled.

If you were wondering, we don’t eat our goats. While we are not vegetarians, it is not something we do. We can’t keep them all (most of our goats have twins and triplets each year), but do our best to make sure that all of the babies go to good homes for breeding or pets. We’ve even had them go to camps to be pack goats!

We raise our goats as naturally as possible. They do not eat any GMO Corn or GMO Soybeans and we do not use any antibiotics or growth hormones.

The soap or the goats? That’s a question we’ve been asked many times. We believe both are important and they complement each other.

We love all of our baby goats and take great care of them. Hewitt is loving on baby Anne who is a real sweetie.

They are not fed any antibiotics or growth hormones, so there is nothing unnatural passed into their milk.

Our small herd is located in Scottsburg, (Southeastern) Indiana about half an hour north of Louisville, Kentucky. We do offer farm tours year round, but March and April are the best time to visit if you want to see baby goats.

Our awesome goat milk soaps start with awesome baby goats. Come visit us for a farm tour and you can meet the goats such as twin sisters, Tempest and Tapioca.

Solid Lotion
Healthier for your skin.

Since we believe so strongly in the goodness of goat milk (both to drink and for your skin), people often wonder why we do not make a goat milk lotion. The answer is simple - we don’t believe chemical preservatives are safe and won’t make products that contain them. We believe the goodness of the goat milk is negated by the harm of the chemical preservatives.

What happens if you leave milk sitting out on the counter? It goes bad. Bacteria and harmful stuff can begin to grow in the milk and that is not very good for you.

The reason we can add milk to our soap without it going bad is because soap goes through a chemical reaction called saponification.

This reaction takes the inputs and produces soap and glycerin as the outputs. The properties of the milk are in the soap, but it’s no longer milk, so it doesn’t spoil or grow bacteria.

Unfortunately, lotion does not undergo this same reaction. When you add milk to lotion, it remains milk. In order to prevent harmful bacterial growth, you need to add chemical preservatives.

At GMS, we do not add chemical preservatives because we do not feel that this is natural and healthy for your skin.

So instead of making liquid lotions, GMS makes solid lotions. These solid lotions (and lip balms) do not contain any goat milk or other liquids, so there is no liquid to grow the bacteria.

This is much healthier for your skin. You may find that using a solid lotion takes some getting used to, but once people give it a chance, most come to love it.

The biggest thing to remember is that your solid lotion is not diluted. This means that you need a lot less of it, so apply it sparingly. If you find your skin is feeling greasy after two minutes, use less next time.

We have two different formulas in our solid lotions and lip balms. The red label is our original formula and the orange label is our mango butter formula (it does not smell like mangoes).

Have had the worst time over the years trying to find something that would “fix” my cracked feet. I decided to try the Lotion stick and guess what, I am NEVER going to stop using it!!“ - Amber

Red (Original Formula) Ingredients:
Soybean oil; Beeswax; Sunflower oil; Cocoa butter; Shea butter; Vitamin E.

Orange (Mango Formula) Ingredients:
Sweet almond oil; Coconut oil; Beeswax; Avocado oil; Cocoa Butter; Mango Butter.

Our awesome goat milk soaps start with awesome baby goats. Come visit us for a farm tour and you can meet the goats such as twin sisters, Tempest and Tapioca.
I tell people every day about your family, your business and how much I admire how you took a risk to turn your passion into something to not only help provide for your family financially but be able to teach your kids work ethic, responsibility and great customer service.” - Kari

Awesome Customer Service

At Goat Milk Stuff, excellent customer service is very important to us. We want you to be able to order with confidence. We have a satisfaction guarantee that you can trust. If there is anything wrong with the item that you ordered, you can return it to us and we will replace it or credit your account.

We ask that when trying new items you start with the smallest size available. We will replace bulk items if they are defective, but not because you are unhappy with the scent or the way it works.

We work very hard to ship orders to you very quickly. 99% of orders ship out within 24 hours of the order being received (excluding Sundays). Orders are shipped USPS and you will receive an email with the tracking number when your order ships.

If you do not receive your order within 3 days of receiving this tracking number, please check on the status of the tracking number and then contact your local post office if you have questions on the status. If the post office can’t help you, then please reach out to us and we will!

If you have allergy issues and are concerned with the specific ingredients in the items you wish to order, please check our ingredient page at http://goatmilkstuff.com/Ingredients.

Because our soaps are so popular, we’ve created a fundraiser program to help people raise funds for their cause or organization. You can find more information at http://goatmilkstuff.com/Fundraisers.

We love sharing our farm, our goats, and our family with people. Please follow us on your preferred social media channels and subscribe to our blog and newsletter with your email address. Of course, if you ever find yourself near Southeast Indiana, we would love for you to schedule a tour and see everything in person! 😊

In addition to our soaps, we have a variety of “Other Stuff” available for you to enjoy. The children knit 100% USA cotton washcloths that are wonderful in your bath or at the kitchen sink.

Even though the soaps are designed to be long-lasting, your soap can last even longer with a soap dish or soap saver.

Soap candles are another great way to enjoy some of your favorite scents.

While you’re avoiding chemicals on your skin, don’t forget your mouth. Tooth powder is a better way to keep your teeth clean without the unhealthy chemicals found in most commercial toothpaste.

We also have three types of salves available - arnica for sore muscles and arthritis, comfrey for minor wounds and abrasions, and jewelweed for poison ivy.

And don’t forget to defend yourself against biting bugs with a natural bug out blend available in soap, lotions, and bug out sprays.

Not Just

Soaps

Our goat milk soaps and “Other Stuff” make wonderful gifts for special events such as birthdays, Valentine’s Day, Mother’s Day, or Christmas.

We offer several gift sets that you can purchase for loved ones. These sets each come in a colorful organza bag:

- Beauty Pack - a full bar of soap, a small lotion stick, and a lip balm
- Twin Pack - a full bar of soap and a small lotion stick in the matching scent
- Scent Pack - a bar of soap and matching soy candle
- Sample Pack - 28 travel bars of soap in our most popular scents
- Foot Care Pack - a luffa, bath fizzy, and lotion stick that are each peppermint
- Problem Skin Pack - half bars of purity, organic castile, calendula, and tea tree (soaps most likely to help)
- Sensitive Skin Pack - full bar of purity, an unscented lotion stick, unscented lip balm, and laundry soap trial

Washing and bathing is not the only time chemical soap ingredients impact your skin.

Laundry Soap

Clothes will naturally tend to yellow over time. Since most big brand laundry detergents are fighting to provide you with the “brightest and whitest” clothes, they’ve had to devise ways to counteract this natural occurrence. What’s their solution? Optical brighteners.

These optical brighteners are designed to trick your eyes into thinking that your clothes are less yellow than they actually are. They do this because they are actually dyes that alter the way clothes reflect light.

If you remember your science lessons, light is made up of a color spectrum. The optical brighteners absorb the ultraviolet light and give off light in the blue region of the light spectrum.

The blue light negates the yellow tinge to the clothing and tricks your eye into thinking that the fabric looks whiter. It also makes the clothes look brighter because it gives off more visible light.

The problem with using these chemicals as optical brighteners is that they’re designed to bind to the clothing and remain. If you were able to rinse them off, they wouldn’t be doing their job.

Because they remain on your clothing and sheets, they come into regular contact with your skin. This is not healthy for your skin and can cause rashes, irritations, and sensitivities.

Washing your clothes with detergents using optical brighteners makes the fabric stiffer, can be irritating to your skin, bad for the environment, and does not even make your clothes any cleaner. Your eyes may think your clothes are cleaner, but it’s just an optical illusion.

Our laundry soap is free from optical brighteners, and other unwanted chemicals. It is made with real goat milk soap and is a wonderful alternative to store bought laundry detergents. We have many customers using this soap on cloth diapers with great results.

The laundry soap is available in several sizes and because high efficiency machines only need 1 Tbsp per load, it lasts a long time. We also offer a laundry bar if you wish to grate it and make your own. 😊

“Great products gang! My wife loved Her little dog got ‘Goat Milk Stuffed’ and smells great too!” - Ron

“Every soap I bought her as a gift, and every soap I bought her as a gift.” - Ron

“This stuff works great! Clothes are clean and soft. My whites look amazing. Love the super low suds in my HE machine.” - Deborah

www.GoatMilkStuff.com
How to order:
1. Online: www.GoatMilkStuff.com
2. Phone: 1-812-752-0622
3. Mail: 76 S Lake Rd N. Scottsburg, IN 47170

At the beginning of each month, we send out an email newsletter. This newsletter contains up-to-date information on new products and Goat Milk Stuff happenings. It also includes a monthly newsletter special. To sign up, visit http://gmsnewsletter.com and enter your email address.

Take care of your Skin Today!

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